



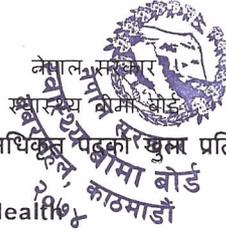
स्वास्थ्य सेवा, तह ७, जनस्वास्थ्य अधिनियमको अन्तर्गत सेवा तर्फ खुला प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

पाठ्यक्रमको रूपरेखा :-	संयुक्त रूपमा परीक्षा प्रणाली निम्नानुसारको हुनेछ ।	
प्रथम चरण :-	लिखित परीक्षा	पूर्णाङ्क :- १००
द्वितीय चरण :-	अन्तर्वार्ता	पूर्णाङ्क :- ३०

प्रथम चरण - लिखित परीक्षा योजना (Written Examination Scheme)					
पत्र / विषय	पूर्णाङ्क	उतीर्णाङ्क	परीक्षा प्रणाली	प्रश्नसंख्या X अङ्क	समय
१ सेवा सम्बन्धी	१००	४०		५० प्रश्न X २ अङ्क	१ घण्टा
कुल पूर्णाङ्क	१००				
लिखित परीक्षामा उतीर्ण भएपश्चात् मात्र अन्तिम एवं दोश्रो चरणमा समावेश गराईनेछ ।					
द्वितीय चरण -अन्तर्वार्ता (Interview)					
विषय	पूर्णाङ्क	परीक्षा प्रणाली	समय		
व्यक्तिगत अन्तर्वार्ता (Interview)	३०	मौखिक (Oral)			

थप जानकारीको लागि :

- संयुक्त परीक्षा प्रणाली अन्तर्गत प्रथम चरणमा लिखित परीक्षा र द्वितीय चरणमा अन्तर्वार्ता गरी दुई भागमा बिभाजन गरिएको छ ।
- लिखित परीक्षाको प्रश्नावली बस्तुगत मात्र हुनेछ र लिखित परीक्षाको माध्यम भाषा नेपाली हुनेछ । कम्प्युटर माध्यमबाट लिखित परीक्षा संचालन भएको अवस्थामा तोकिएको संकेत चिन्ह लगाउनु पर्नेछ भने हातले उत्तर लेख्नु परेमा सहि उत्तरमा गोलो घेरा (C) लगाउनु पर्नेछ ।
- बस्तुगत बहुवैकल्पिक (Multiple Choice) प्रश्नहरूको गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत २० प्रतिशत अङ्क कट्टा गरिनेछ । तर उत्तर नदिएमा त्यस बापत अङ्क दिइने छैन र अङ्क कट्टा पनि गरिने छैन ।
- परीक्षामा सोधिने प्रश्नसंख्या, अङ्क र अङ्कभार पत्र विषयको विषयवस्तु (पाठ्यवस्तु) मा दिईएको अनुसार हुनेछ ।
- प्रथम चरणको लिखित परीक्षाबाट छनौट भएका उम्मेदवारलाई मात्र दोश्रो चरणको अन्तर्वार्तामा सम्मिलित गराईनेछ ।
- लिखित परीक्षाको प्रथम चरणमा प्राप्त गरेको प्राप्तांकको शत प्रतिशत अंक तथा दोश्रो चरणको प्राप्तांक जोडी कूल अंकको आधारमा अन्तिम परीक्षाफल प्रकाशित गरिनेछ ।
- पाठ्यक्रम, परीक्षा योजना लगायत सम्पूर्ण अधिकारहरू पदपूर्ति समितिमा निहित हुनेछ । कुनैपनि बिवाद र अस्पष्टता भएमा पदपूर्ति समितिको निर्णय अन्तिम हुनेछ ।



स्वास्थ्य सेवा, तह ७, जनस्वास्थ्य अधिकृत पदको खुला प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

1 Health and Public Health	4
1.1. Concept of health and Factors influence health, disease, Dimension of disease, Measures of health, disease and well being	
1.2 Historical development of Public health and in changing concept	
2 Health Planning and Management	18
2.1 Approaches, models, methods and practices	
2.2 Planning cycle (Planning, monitoring and evaluation)	
2.3 Strategic and operational planning	
2.4 Inventory management	
2.5 Drug management	
2.6 Financial management	
2.7 Health economics, Health care financing, Basic concepts and economic evaluation of health care services	
2.8 Health care need assessment	
2.9 Federalization in health management	
2.10 Quality assurance in health care	
3 General Epidemiology	10
3.1 Definition, concepts, approaches, aims, and use of epidemiology	
3.2 Epidemiological methods, Incidence, Prevalence, association and causation, disease prevention and control	
3.3 Epidemiology of communicable and non-communicable diseases	
3.4 Dynamics of disease transmission	
3.5 Investigation of an epidemics	
3.6 Screening of diseases	
3.7 Health indicators	
4 Health Statistics	4
4.1 Sources of health information, Health information system	
4.2 Tabulation, graphic and diagrammatic presentation of data	
4.3 Statistical methods; Measures of central tendency, Measures of variability	
4.4 Sampling size, Sampling survey and test of significance, correlation and regression	
5. Demography	4
5.1 Population trends-world and national	
5.2 Measures of population dynamics	
5.3 Factors affecting fertility, mortality and migration	
5.4 Urbanization, Life expectation	
6. Applied Epidemiology and Disease Control	18
6.1 Epidemiology, Prevention and control of communicable diseases including: Measles, Diphtheria, Whooping cough, Acute respiratory tract infection, Rubella, Mumps, Influenza, Tuberculosis, Viral hepatitis, Food poisoning, Typhoid fever, Intestinal worms, Acute diarrheal diseases.. Filaria, Leishmaniasis, Malaria, Japanese encephalitis, Rabies, Tetanus, Trachoma, Leprosy, STI and HIV/AIDS	
6.2 Prevention and control of non-communicable diseases.	
6.3 Concept of Control, elimination and eradication of diseases.	



नेपाल सरकार
स्वास्थ्य बीमा बोर्ड
स्वास्थ्य बीमा बोर्ड
२०७४

स्वास्थ्य सेवा, तह ७, जनस्वास्थ्य अधिकृत पदको परीक्षाको पाठ्यक्रम

7. Food and Nutrition	4
7.1 Nutritional Profiles	
7.2 Nutritional Problems	
7.3 Assessment of nutritional status	
7.4 Food toxication, additives and fortification	
8. Environmental Health	4
8.1 Management and control of basic and fundamental factors; Soil, Water, Air, Lighting, Noise, Housing	
8.2 Solid waste disposal and control	
8.3 Excreta disposal and control	
8.4 Medical Entomology-Mosquito, housefly, sand fly, lice, fleas, bugs etc. control	
8.5 Insecticides safe use and resistance	
8.6 Rodents control	
9 Occupational Health	4
9.1 Occupational environment and safety	
9.2 Occupational hazards	
9.3 Management and prevention of occupational hazards	
9.4 Measures for general health protection of workers	
10 Health Education and promotion	8
10.1 Concept, Objectives and principles and their importance	
10.2 Methods of health education	
10.3 Health education Media and production	
10.4 Behavior change communication (BCC)	
10.5 Community organization and participation	
10.6 Communication and information: concepts and importance	
10.7 School health program: concepts, areas and importance	
10.8 Health promotion (concept and historical background)	
10.9 Health promotion areas	
10.10 Health promotion model/theories/principles/ approaches	
11 Primary Health Care (PI-IC), Essential Health Care Services (EI-ICS) and Millennium Development Goals (MDGs)	4
11.1 Concept, Components, Status and Prospects	
12 International Health	4
12.1 External development partners and their priorities	
12.2 UN agencies: WHO. UNICEF. UNDP. UNFPA. UNA IDS and World Bank	
12.3 Bilateral and Multinational agencies working in Nepal: USAID. IICA. GTZ. DFID. SOC. CIDA. AUSAID. NORAD. FINIDA. KOIKA	
13. Health promotion	4
13.1 Health promotion (concept and Historical background)	
13.2 Health promotion action areas.	
13.3 Health promotion models/theories/principles/approaches	
14. Acts related to Health Profession:	10
14.1 Public Health Service Act, 2075, Public Health Service Regulation, 2077, National Health Policy, Second Long Term Health Plan, Nepal Public Health Association (NEPHA), स्वास्थ्य बीमा ऐन, २०७४ र नियमावली, २०७५ स्वास्थ्य बीमा बोर्डबाट जारी भएका कार्यविधिहरू	
